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January 20, 1998

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Elizabeth Yetley, Ph.D.
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food & Drug Administration
200 C Street SW
(HFS-450)
Washington, D.C. 20204

Dear Dr. Yetley:

This letter is to notify you that we are offering for sale Valerian Root Extract as a dietary supplement. It contains the following structure/function statement: Promotes relaxation and restful nights... Valerian root extracts have long been recognized as a natural alternative to help promote relaxation and sound, restful nights. Powdered extracts are more efficient than plain herb powders because the active ingredients are more bioavailable. This highly effective herbal extract provides comprehensive calming support when combined with passion flower and magnesium. The combination of these three ingredients creates an ideal herbal support formula for individuals seeking a natural alternative. Our product conforms with mode of administration as established by the German Commission E monograph.

Our label contains the proper disclaimer as well.

Thank you,

Lori Akian
Technical Nutrition Assistant

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